



Five Star Resource Team Magazine



Volume 3, Issue 22

Thursday, June 5, 2003



DEGLAM success

IKE alcohol program enters third year

Stand by for the Evening Prayer

• WORDS FROM RELIGIOUS MINISTRIES •

Ministers of War

By LT Brett Cartwright, Staff Chaplain

The following excerpt, from an article in the National Review, highlights some of the tough questions that serving in the armed forces may challenge you with in your career.

"The shooting had long since stopped by the time Richard Kent arrived for his tour of peace-keeping duty in Bosnia. But what the American soldier saw in an abandoned warehouse in a village called Kravica still haunts his dreams.

Eight years before Kent's arrival, Serbian forces crammed a thousand Bosnian Muslim men into the warehouse, where, according to the United Nations' official report, they were "killed by small arms fire and grenades. Visiting the Kravica warehouse several months later, United Nations personnel were able to see hair, blood and human tissue caked to the inside walls of this building." By the time Kent and his fellow soldiers saw the building, it was being used to store tractors and manure. The only sign of the barn's past was a black mold covering the walls, feeding off the rotting human flesh and blood embedded in its crevices.

Kent went to Bosnia a devout Catholic, but

nothing they taught him in catechism class back in Michigan prepared him for that moldy barn in Kravica. "When evil of this magnitude is encountered, simple piety is not enough," Kent says today, from his home in northern Virginia.

"Why does a God who has protected me, a soldier, through dangers large and small - where was He when the men murdered in this warehouse screamed for His mercy? Why has He allowed *genocide*?", *Ministers of War: The amazing chaplaincy of the U.S. military*, by Rod Dreher, March 10, 2003.

Dealing with questions of spiritual and human dimensions like these is one of the roles of the Navy Chaplain. The Navy Chaplain is a professional Minister/Pastor/Priest/Imam/Rabbi commissioned to serve the spiritual needs of today's warriors. While we may not have all the answers, we are here to help provide pastoral counsel before and during the tough and difficult times of life. In the weeks ahead we will provide further excerpts from the article mentioned above as a broad picture of how chaplains can play an important part in your military career. ★



Your detailer: Only a click away

Courtesy of IKE's
Command Career Counselors

Sailor advocacy is a fundamental change in the detailing function. The objective is better fleet readiness through an assignment process that better understands each Sailor's career needs and abilities. It depends on a partnership between the fleet and Navy Personnel Command (NPC) to synchronize and coordinate the Sailor's individual career management process. This program responds directly to the CNO's leadership standards of mission accom-

plishment, growth and development of subordinates.

If you are within 12 months of PRD/EAOS, then your detailer now checks the team detailing list at least once a week, with most detailers checking every other day, looking for your inputs. If you have any concerns or questions you would like your detailer to be aware of, just email them to ccc@eisenhower.navy.mil and the CCCs will input those questions and/or concerns directly into the system. You will get an answer within five working days. ★

5 STAR RESOURCE TEAM MAGAZINE

Proudly serving the crew of the
USS Dwight D. Eisenhower
(CVN 69)

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About the Cover

(From Left) Seated front row: Prospective Command Master Chief, CMDCM(SW) Ronnie Moore, Command DAPA SMCM(AW/SW) Kenneth Imani, Command Master Chief, CMDCM(AW/SW) James Meier. Second row: BMC(SW) Tina Figueiredo, EN2(SW) Donna Foster, ITCS(AW/SW) Renee Brown, YNC(AW/SW) Cindy Holbrook, DT1 Marvin Collins and HM1(SW) Manuel Rodriguez. Back Row: AMC(AW/SW) Mark Goggins, DCC(SW) Daniel McGuire, ITC(AW/SW) Zita Beck, AOC(AW/SW) Joanne Fielding and EN1(SW) Shon Hollis. These Sailors represent the IKE DAPA teams who have not had an alcohol related incident in the past year.

Photo by JO2(AW/SW) Steve Woolverton



Image courtesy of Mothers Against Drunk Driving

Eisenhower DEGLAM program continues

Ship recognizes 10 groups for incident-free year

By J0SN Benjamin Jarvela

"We're not prohibitionists. We're not here to be the alcohol police. We're just here to make sure that our Sailors are responsible when they drink."

So say the Drug and Alcohol Program Advisors onboard *USS Dwight D. Eisenhower* (CVN 69) consisting of: SMCM(AW/SW) Kenneth Imani, AC1(AW) Tracy Herzog, DC1(SW) Marcelus McRary, and SM3 Tamera Parker. It's the duty of these Sailors to monitor the many substance abuse prevention and treatment programs available to Sailors stationed here. Not the least of these is the IKE Alcohol Deglamorization program, which awards one day of liberty as an incentive to IKE Sailors who go an entire month without an alcohol incident.

Sailors are put into groups, based on their respective departments and divisions, of about 60 – 80 people. If the Sailors in these groups can maintain an alcohol-incident-free status for an entire calendar month, they are awarded a day of liberty. Those groups who do have an incident during the month are required to attend mandatory training on the same days their shipmates are enjoying liberty.

"The Deglam program involves all hands," said Herzog. "It's based on positive peer pressure that forces shipmates to look out for one another if they want to keep those days off."

"It's designed to make Sailors think twice," added Imani. "If you get a group of Sailors together, this program counts on the fact that at least one of them is going to stand up and try to do the right thing."

Beginning two years ago, the IKE Deglam program quickly gained Navy-wide recognition for the dramatic effect it had. According to Herzog, incidents onboard dropped by two-thirds, resulting in several other commands quickly adopting the program.

"The *George Washington* and the *Enterprise* have both adopted programs based on the IKE model, as well as several west coast carriers," said Imani. "Whenever the Navy starts talking about ways to combat alcohol abuse among Sailors, the IKE program is always mentioned. I knew about it long before I got here and was excited to get the chance to work with it."

As the program enters its third year, the command is getting ready to recognize sev-

eral departments [see below] that went an entire year without a single incident. These groups will be recognized with an additional day of liberty for a job well done, and will continue stand as the example for the rest of the ship.

"These departments prove that it can be done," said Imani. "The best way to do it is just leadership by example. That's the best deterrent to keep Sailors from going astray."

According to Imani, the program has been well received by all of IKE's leadership, including the new Commanding Officer, CAPT Charles Smith. While there are no current plans for any changes or revisions to the program as it stands, Imani says the command is always open to suggestions on how things can be improved.

"We're always looking for ways to do things better, but for now, IKE is on the tip of the spear when it comes to being proactive, which is part of why this is such a success," Imani said. "It's an issue of being proactive vise reactive."

For more information about the deglam program visit IKE's command DAPA in the bank building, or call 534-1595. ★

Delgam Groups without incidents

MAY 02 - MAY 03

Admin	X-1, X-2, X-3, X-4, X-6	DEN/MED	Dental, Medical
AIMD	LIFAC, ADMIN	Supply	GEWH, LSC, SO, V-88, S-9
Com. Sys.	CS-3, CS-5	Supply	S-7, S-12
DECK	1st, 2nd	Weapons	G-1, G-2, G-5
ENG	A, Maintenance	Reactor	RC, RL

What's Happening

Fri., June 6

The Beach Party at Duck-In
featuring the **H.M. Johnson Band**
5 p.m.
Duck-In
Shore Dr. at Lynnhaven Inlet
Virginia Beach
More Info: Bill Miller 481-0201

Harborfest
Through Sunday
Fri-Sat. Noon - 11 p.m.
Sun. Noon - 6 p.m.
Town Point Park
1 Waterside Drive Norfolk VA
More Info: 441-2345

Live Jazz
Friday and Saturday
8:30 & 10:30 p.m.
Blues Alley Bistro Cafe
455 Granby St., Norfolk
More info: Calvert Johnston (757)622-0081

Element - in concert
9:30 p.m.
AJ Gator's
3908 Holland Road Virginia Beach
More info: AJ Gator's 340-3722

Sat., June 7

PETA's First Annual Garden Tour
10 a.m. - 5:30 p.m.
The PETA Park
501 Front St., Norfolk
Price: \$10
More Info: Alisa Mullins 622-7382 ext. 1392

Zoe Speaks
11a.m.
Virginia Beach Central Library
4100 Virginia Beach Blvd., Virginia Beach
More Info: Brenda Barkley 923-5164

Super Hero Day
9 a.m. to 5 p.m.
Children's Museum of Virginia
221 High St., Portsmouth
\$6 per person
More Info: Bob Getty 393-5258, Ext. 17

American Indian Festival
Through Sunday
10 a.m. - 6 p.m.
City Park
500 Greenbrier Parkway, Chesapeake
More Info: 757-382-6411

Sun., June 8

Levels of Consciousness
11 a.m.
Trinifinity Metaphysical Temple
1035 W. 25th St., Norfolk
More info: Trinifinity Temple 623-5600

Adult Baseball League
Peninsula and Southside
113 Count Crescent, Suffolk
More Info: Mark Ashby 532-5346
coachashby3@cs.com
Call or e-mail for game times
and registration to play!

Sunday Dance
7 - 10:30 p.m.
"A Time to Dance" Executive Cove Center
5600 Virginia Beach Blvd., Virginia Beach
More info: Walter Schultz 483-9410

Japanese Taiko Drum Classes
6 - 8 p.m.
Crystal-Lind Wellness Center
5205 Colley Ave., Norfolk
\$8 - 10
More Info: Maiyah B. Olivas 749 9427

- Next week - Next week - Next week -

Ranger Guided Group Adventures
Continues weekdays all year long
York River State Park
5526 Riverview Rd., Williamsburg
More Info: Brad Thomas 566-3036

Karaoke
Sundays at 8:30 p.m.
The Jewish Mother
3108 Pacific Ave., Virginia Beach
More Info: Tracy Hollenbach 757-422-5430

Dance classes for beginners
Daily
7 - 8 p.m.
A Time To Dance Dance Studio
5600 Virginia Beach Blvd., Virginia Beach
More Info: Chuck Wills 490-899

Cribbage tournament
Tuesday through August 26
6:30 p.m. registration, 7:00 p.m. play
Norfolk Moose Lodge #39
135 Kempsville Rd., Norfolk
More Info: Marvin Lewis 488-1920

Open Mic Nite
Tuesdays
Sign-up at 8 p.m.; Play at 9 p.m.
Dixies Tavern
333 Waterside Drive, Norfolk
More Info: Jen Harrington 757-624-9492

Wednesday Night Jazz
Wednesdays
6:15 - 8:45 p.m.
Chrysler Museum of Art
Norfolk
More Info: 664-6200

Karaoke and DJ Entertainment
Wednesdays and Fridays
9 p.m.
Rose Bay Seafood Restaurant
805 N. Battlefield Blvd., Chesapeake
More Info: Kristen Springer 482-8772

BluePearl-In Concert
9:30 p.m.
South Beach Grill
Virginia Beach 428-0820
More Info: Blue Pearl 635-6259



Disney offers active duty, families, Armed Forces discounts to parks

Courtesy of MWR

To honor America's service men and women, Walt Disney Parks and Resorts is offering active members of the U.S. military, with proper ID (including active members of the U.S. Coast Guard and activated members of the National Guard or Reservists), a complimentary five-day Disney's Armed Forces Salute Ticket.

This Ticket is valid for admission by the active member of the military to the following Walt Disney World® Parks for five days (on or before Dec. 19), with the freedom to visit multiple parks on the same day:

- * Magic Kingdom® Park
- * Epcot®
- * Disney MGM Studios
- * Disney's Animal Kingdom® Theme Park
- * DisneyQuest® Indoor Interactive Theme Park
- * Disney's Blizzard Beach Water Park
- * Disney's Typhoon Lagoon Water Park
- * Downtown Disney® Pleasure Island
- * Disney's Wide World of Sports® Complex

(Valid only on event days. Some events require an additional admission charge.)

To acquire the Salute Ticket, active military personnel must present their valid and active Military IDs at any Walt Disney World® Theme Park Ticket Window prior to Dec. 19. Activated members of the National Guard or Reservists also must show active duty orders.

* This Ticket expires and may not be used after Dec. 19.

* This Ticket may be obtained ONLY at Walt Disney World® Theme Park Ticket Windows once during the offer period.

* Each day this Ticket is used at any of the Parks or Places listed above constitutes one full day of use.

Five-Day Disney's Armed Forces Salute Companion Ticket

Each active member of the U.S. Military may also purchase up to five Five-Day Armed Forces Salute Companion Tickets one time during

the offer period for family members or friends. If active members of the U.S. Military are unable to come to the Walt Disney World® Resort during the offer period, their spouses may purchase up to five of these Tickets one time during the offer period for family members or friends (including the spouse). The price of these Tickets is only \$99 each (plus tax).

Each Companion Ticket entitles the family member or friend to the same admission benefits as the Five-Day Armed Forces Salute Ticket described above.

To purchase Companion Tickets, active Military Personnel must present valid and active U.S. Military IDs, together with their complimentary Five-Day Disney's Armed Forces Salute Ticket. Their spouses, if the active Military Personnel are not present, must present valid and active U.S. Military IDs. Activated members of the National Guard or Reservists (or their spouses, if the activated members are not present) must also show active duty orders.

* These Tickets expire and may not be used after Dec. 19.

* These Tickets are available for purchase ONLY at Walt Disney World® Theme Park Ticket Windows.

* These Tickets may be purchased only by the active U.S. Military member or spouse (not both).

* Maximum of one ticket may be purchased for any family member or friend.

* Tickets may be used only by the persons for whom they are purchased. Valid ID may be required for admission.

* Each day this Ticket is used at any of the Parks or Places listed above constitutes one full day of use.

* This offer may not be combined with any other offer.

For additional information regarding these tickets, as well as other Walt Disney World® tickets, please call (407) 939-7424. ★



MWRMWRMWRMWR

TICKET PRICES

MWRMWRMWRMWR

AMC Movie Tickets	\$3	\$5.50	2000 Millennium Cruise Book	\$30	N/A
Regal Movie			<u>IKE 25th Memorabilia</u>		
Super Saver	\$3	\$5.50	IKE 25th Baseball Card — 1 @ \$0.50, 2 @ \$1, or 20 @ \$5		
Premium Saver	\$5	\$6.50			
Busch Gardens Season Passes	\$67	\$70	IKE 25th 8x10 Photo — 1 @ \$3, 2 @ \$5, 5 @ \$10		
Busch Gardens Early Bird Tickets	\$23 (good thru May 11)		Anniversary Coin	\$5	
Europlash Season Passes (Combo 2003)	\$88	\$92	Anniversary T-Shirt	\$10	
Entertainment Books 2002	\$20	\$25	Anniversary Polo shirt	\$15	
			Rumble in the Tunnel Long Sleeve T-shirt	\$15	

First listed price is for IKE Sailors, second is for non-IKE guest

Huntington Hall MWR June 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Dover NASCAR Race \$92	2 Pool league @1930 	3 Shuttle run 1800-2200 	4 Spades @ 1900 	5 9 Ball tourney @1930 	6	7 Overnight White Water Rafting Trip \$ 100 7am 
8 	9 Pool league @1930 	10 Shuttle run 1800-2200 	11 Free Movie Main Gate Theater @ 1800 	12 Oriole's VS CUBS \$13 Ping Pong Tourney @1930 	13 Friday the 13th Scary Movies and Munches	14 Boardwalk Artshow VA Beach Noon-6 FREE
15 Kings Dominion Trip 7am \$30 	16 Pool league @1930 	17 Shuttle run 1800-2200 	18 Spades @ 1900 	19 9 Ball tourney @1930 	20 Cyndi Lauper Little CREEK FREE Concert!	21 Paintball NEW Kent \$35 500 Round Ammo
22 Offshore Fishing Trip \$35 7am 	23 Pool league @1930 	24 Shuttle run 1800-2200 	25 Free Movie Main Gate theater @ 1800 	26 Home Run Derby @ 1700 	27 Summer BASH Norfolk Fleet Rec Park FREE Concert! 2-8	28
29 Kings Dominion Trip \$30 7AM 	30 Oriole's VS Yankees \$13 8 Ball Pool PARTY@1930 w/Norfolk,	For More information Contact MWR 688-7451 or 688-7553  				
	July... 3rd Cookout OUTSIDE Games and FUN! 12/13 Overnight Night White Water Rafting Trip \$100 20th King Dominion Trip \$30 26/27 Overnight DC Trip					



Legal Sailors work hard for the good of their shipmates

By JOSN Michael Perez

A normal workweek for legal sees them working on DRBs on Monday, XOIs on Wednesday and NJPs on Friday. During the other two days they're working on transiting between the three. On top of that, they do congressional inquiries, command investigations, line of duty investigations and administrative separations. Not to mention they offer the crew legal assistance when they can.

"We have to put in long hours. If we don't, it could affect a Sailor on the ship," said LNC (SW) Theresa Graham-Howard, legal's LCPO.

With all that work, it's no wonder why they often have to stay until 6 p.m. to complete their primary mission of providing support to the commanding officer in all legal concerns.

According to LTJG Rick Morris, Assistant Command Judge Advocate, Legal spends much of its time processing personnel who can't or won't be rehabilitated.

"Simply, we're here to get rid of the bad apples so they don't affect all the good apples."

It's a small percentage of the crew who gets in trouble. It's Legal's job to help those Sailors who've strayed away from the Navy's core values, and, for those Sailors who don't want to correct themselves, help them get out.

LN1(AW/SW) Ayesha Lowe admits they would like to provide more legal assistance, but military justice is their primary mission.

"We are undermanned, but we currently have four people who are TAD to our department to help us out," said Lowe. "We'd love to



Photo by JO2(AW/SW) Steve Woolverton

ABH3 Erin Bristol and ET2 Amanda Kelly review paperwork during a normal day of operation for IKE's Legal Department.

get our TAD personnel converted to legalman. They do an incredible job in a difficult field."

According to Morris, legal scored an outstanding with no discrepancies on their last COMLANTFLT admin inspection.

"We have a group of diligent workers. I know it, because I see it everyday," said Morris.

Legal has had a number of Sailors recognized aboard the ship. Lowe received Petty Officer of the Month for August 2002. SN Harvi Webb was named Blue Jacket of the Month for February 2003 and Blue Jacket of the Quarter for the first quarter of this fiscal year. LN1 (AW/SW) Heather Mitchell just returned from a six-month deployment with the *USS Nassau (LHA 4)*. There, she replaced the only person filling a legal role who was injured, giving the commanding officer a legal advisor aboard the *Nassau* during a wartime operation.

"We are always looking for hard chargers. Someone who wants to be a legalman who is willing to work the long hours," said Lowe.

A legalman's job may not be glamorous, but they are a necessity to the ship. If you are interested in becoming a legalman, you can see the legal department on the 4th deck of the FAF for more information. ★



Photo courtesy of IKE Photo Lab

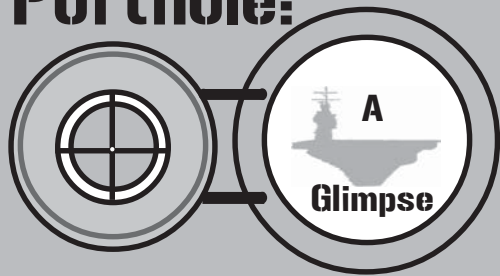
IKE sponsors TR homcoming

USS Dwight D. Eisenhower (CVN 69) Sailors serve where ever duty calls. IKE Sailors showed pride in their country and their ship by readily assisting USS Theodore Roosevelt (CVN 71) in time of battle. "IKE Sailors serve wherever we're asked to serve," said Eisenhower Commanding Officer CAPT Charles Smith. "In this case, 25 of our shipmates went to war and we should be very proud of them."

IKE also sponsored the return of the TR. Sailors welcomed the warship home and moored her to pier 12 in Norfolk, Va. "I'm very proud of them. All of that sea experience and corporate knowledge they're bringing back to the ship will help us get underway," Smith stated. "I hope they use this experience to teach their shipmates."★

— JO2 Xzaiver Jordan

Porthole: of the Navy



Substance abuse fought at fleet level



MILLINGTON, Tenn. (NNS) — “Not on my watch, not on my ship, not in my Navy,” was the inspiration for the institution of the Navy’s drug screening program in 1981, and stands today as the embodiment for Navy’s Zero Tolerance policy for drug abuse.

Navy’s Alcohol and Drug Abuse Prevention (NADAP) Program manager, Bill Flannery, says, “The drug testing program in the Navy today is the model by which drug testing programs in the civilian community are designed.” He and his team of professionals, in collaboration with drug screening labs in Norfolk, Jacksonville and San Diego, Naval Criminal Investigative Service (NCIS), commands throughout the Navy and Navy leadership at the highest levels, are determined to make the inspiration that created the drug screening program as true today as it was more than 20 years ago.

The Navy’s history of Zero Tolerance clearly shows dramatic gains in reducing illicit drug use. In 1982, the first year of urinalysis screening, the percent of positive samples was 7.21 percent. In the most recent statistics, through the end of April 2003, the percentage of positive samples was 0.47.

Zero Tolerance is defined as, “All personnel found guilty of a single incident of drug use must be processed for administrative separation.” This has proven to be quite effective, as revealed in a World Wide Survey of Health Related Behaviors sponsored by the Department of Defense in 1998. The Navy was singled out as the only service with a “significant decrease in drug use since 1995.”

The Navy’s efforts to reduce alcohol abuse also have shown improvement. Alcohol is a legal substance, but its abuse has a significant impact on readiness. There is an alcohol related motor vehicle fatality every 46 days involving Navy personnel. A significant number of crimes against persons, including murder, rape, assault, child abuse and crimes against property, including burglary and larceny, are alcohol related.

The Navy seeks to deglamorize alcohol through the Right Spirit Campaign. Navy officials stress that Right Spirit is not about prohibition but is about making responsible decisions regarding drinking. Bill Moore, the head of the Alcohol Abuse Prevention Program at Navy Personnel Command (NPC), says, “There is a strong need to deglamorize alco-

hol in today’s Navy. The Right Spirit Campaign promotes positive attitudes and behaviors about avoiding alcohol abuse.”

Professionals in NADAP all believe that “one positive urinalysis sample is too many,” and “responsible consumption of alcohol is an achievable goal.” Therefore, they conduct a proactive and aggressive campaign to eliminate substance abuse in the Navy and have literally taken that campaign to the fleet. This year, NPC began conducting NADAP Summits in fleet concentration areas. Fiscal year ‘03 summits have been held in Norfolk, Jacksonville, Pearl Harbor and most recently, at Bangor, Wash., in Navy Region Northwest.

Attendees at all of the summits come away with a better comprehension of the Navy’s substance abuse programs and a clearer understanding of how to make the programs work for them at their commands. Flannery put it this way, “Our goal is to provide leadership the tools to conduct an effective substance abuse program, thereby giving Sailors valuable information to enable them to make value-based life influencing decisions.” ★



IKE EOPS

SECNAVINST 5300.26C makes clear that the prohibition against sexual harassment may be enforced through punitive, disciplinary or administrative action under military or civilian systems, including punishment for violation of a lawful general order under article 92(1) of the UCMJ. ★

IKE ALL-STARS

SAILOR OF THE WEEK (MAY 26-30)

**DC3
Jason Rhoads
Engineering
Department**

